

SOHL  
WEEKLY MINISTRY MEDITATIONS



"A JOURNEY OF THE HEART"

## Practice makes or leads to perfection

August 21, 2017

**HEBREWS 10:26-27 NIV – (26)** If we deliberately ***keep on sinning*** after we have received the knowledge of the truth, no sacrifice for sins is left, **(27)** but only a fearful expectation of judgment and of raging fire that will consume the enemies of God.

**Hebrews 10:26** is not referencing normal Christian growth and the struggles we all face. It is a reference to ***forsaking Christ after knowing him***, following him, then decisively turning your back on him. **Hebrews 10:26** reads "no sacrifice for sins is left," which means "If you reject Christ after claiming to know him, there is no place else for you to go." If you turn your back on Jesus, going back to the synagogue (church) -the situation faced by the first-century readers of Hebrews-, will not help you. If Jesus is not enough for you, reverting to your old life in hopes of satisfaction will not work. **ABSOLUTELY, NOTHING WILL FILL THAT VOID!!**

How does life get to this point? One answer may be a weak faith that is slowly diminishing. Another problem could be trusting in our own judgment, instead of trusting in an answer already developed. Once started down these paths, the behaviors are practiced, become habits, and soon we are perfect in our ability to carry them out in our everyday lives, existing in a state of contentment. Satan's goal is for you to conform to his way – to become complacent/content.

Imagine that every day you eat a bowl of cereal (God's word), but every now and then you have no milk. However, in your mind, the sugar in the cereal and the quantity in the bowl is enough. When you don't have the milk, you experience hunger pains. Why? Because the diet you started with was never complete. Despite this, you accept feeling hungry and settle or become content). You believe that "it's no big deal", when the fact is, "It's really a BIG DEAL!" A balanced and healthy breakfast is key to a healthy diet and key to being productive.

Similarly, not only having access to the word, but also reading and actively practicing the word is key to a healthy Christian life. Unfortunately, many have knowledge of His word, but no understanding (His keys to becoming and staying healthy) and definitely, no application.

I challenge you now to make these changes. It is then that God will be glorified, you will be fulfilling your purpose, and you will be (spiritually) healthy in a worldly environment. Remember, God is watching us **"practicing what we preach!"**

### **SCRIPTURE READING**

LEVITICUS 11:45

**THOUGHT FOR THE WEEK**

What you practice ultimately defines where you will excel.