

# S.O.H.L.

## WEEKLY MINISTRY MEDITATIONS

*Pronounced "Soul"*

November 28, 2011

### What Can You Do About It?

**LUKE 12:22-31 NLT** – (22) Then, turning to his disciples, Jesus said, “That is why I tell you not to worry about everyday life—whether you have enough food to eat or enough clothes to wear. (23) For life is more than food, and your body more than clothing. (24) Look at the ravens. They don’t plant or harvest or store food in barns, for God feeds them. And you are far more valuable to him than any birds! (25) Can all your worries add a single moment to your life? (26) And if worry can’t accomplish a little thing like that, what’s the use of worrying over bigger things? (27) “Look at the lilies and how they grow. They don’t work or make their clothing, yet Solomon in all his glory was not dressed as beautifully as they are. (28) And if God cares so wonderfully for flowers that are here today and thrown into the fire tomorrow, he will certainly care for you. Why do you have so little faith? (29) “And don’t be concerned about what to eat and what to drink. Don’t worry about such things. (30) These things dominate the thoughts of unbelievers all over the world, but your Father already knows your needs. (31) Seek the Kingdom of God above all else, and he will give you everything you need.

**MATTHEW 6:31-33 NLT** – (31) “So don’t worry about these things, saying, ‘What will we eat? What will we drink? What will we wear?’ (32) These things dominate the thoughts of unbelievers, but your heavenly Father already knows all your needs. (33) Seek the Kingdom of God above all else, and live righteously, and he will give you everything you need.

**PHILIPPIANS 4:6-7 NLT** - (6) Don’t worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. (7) Then you will experience God’s peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.

**1 PETER 5:7 NLT** – (7) Give all your worries and cares to God, for he cares about you.

Why give yourself high blood pressure disease worrying about it? Why accumulate headaches worrying about it? Why stay up all night, when God never sleeps, “worrying about it. Why cry about it? Why put yourself in unnecessary circumstances when God will give you the correct answer on how to live and take care of the situation and you.

“What can you do about it,” but truly, give it to God?

#### **SCRIPTURE READING**

PSALMS 37:8

#### **THOUGHT FOR THE WEEK**

There is nothing more sadder than looking for positive results with the same negative status.