

S.O.H.L. (5/31/10)

WEEKLY MINISTRY MEDITATIONS

Pronounced "Soul"

The Damaging Effects Of Sexual Sins To The Single (Pt. 5)

Sex sin can cause emotional confusion. Sex creates emotional bonds ("soul ties") with our sex partner. These bonds will vary in strength depending on the relationship. God intended this emotional bond for marriage partners. When we bond with people other than our spouse through sex, emotional confusion results. This confusion can manifest in many ways. Here are some examples:

- Recurring dreams and/or thoughts about former lovers
- Inability to achieve emotional intimacy with spouse
- Regret or bitterness toward people who hurt us in past relationships
- Comparing our spouse with former lovers in sexual performance
- Distorted understanding of true love (corrupted by lust or other selfishness)
- Increased promiscuity, in attempt to find true intimacy and love

The danger of emotional confusion is that it can hold us back from experiencing true intimacy with our spouse and God. Emotional confusion can also act like a curse, fueling sex addiction and other struggles we may be having.

Sex sin causes lasting memories. Sex memories are created in our brains with the help of special hormones released during sexual arousal. The devil uses these memories to condemn us and keep us in bondage to lust. These memories can cause difficulties in our sexual relationship with our spouse. Here are some examples:

- Our sexual experiences with our spouse are corrupted by thoughts of our former lovers or porn images we've viewed
- We idolize past sexual partners...especially when we run into difficulties in our marriage
- We feel less satisfied with our spouse's sexual performance
- Our minds are conditioned to gratify our lusts through sex instead of showing true love and affection
- We get angry and resentful when our spouse won't help us relive past sexual experiences or perform sex acts we've seen in porn

Thankfully, when we follow Jesus Christ, we receive power to overcome the memories, purify our minds and regain control of our thought-life.

Sex sin can produce unloved or unwanted children. Sexual sin has helped devalue human life such that human babies are discarded as rubbish on an altar of convenience, pleasure and rebellion (40 million aborted since the 1960's). Children born through sex sin may grow up in homes where a loving father and/or mother are absent. Their brokenness will likely be echoed through the sexual choices they make down the road, impacting generations to come.

Sex sin can expose us to sexually transmitted disease. Porn's sexual fantasies do not portray the reality that sexually transmitted diseases often accompany a life of promiscuity. There are many different kinds of sexually transmitted diseases, most of which bring unpleasant symptoms. The worst of these diseases, AIDS, can cause death. [Romans 1:27](#) contains a possible reference to AIDS.

Sex sin can destroy marriages and families. Adultery often destroys marriages and families. The husband and the wife will suffer emotional, spiritual and even physical damage when the bond of fidelity is broken. Major healing will be needed to repair the breach. Memories created during a marriage breakup can last the lifetime of the family and the effects can be felt up to four generations. Viewing pornography is a form of adultery ([Matthew 5:28](#)), and its potential to damage a marriage is real and significant. Too often it is justified as a harmless necessity by the addicted, suggesting that it is not as damaging as physical adultery. This is a lie!

Sex sin can lead to an unbridled pursuit of lust and perversion. Sex sin usually feeds a growing fire of [lust](#) in our minds. If we continue to feed that fire, we can easily drift further and further into decadence. Paul described this state as indulgence in every kind of impurity, with continual lust for more ([Ephesians 4:19](#), [Romans 1:24-28](#)).

SCRIPTURE READING - 2 CORINTHIANS 5:9

THOUGHT FOR THE WEEK - God loves people – He sent His Son to be one!