

S.O.H.L. (10/26/09)

WEEKLY MINISTRY MEDITATIONS

Pronounced "Soul"

F E A R

Don't run from it, face it!

Fear is one of the enemy's favorite tools to keep us from going forward in our lives. As soon as we make a decision to step out in faith and do what God is telling us to do, immediately the enemy will bring fear. The enemy will put thoughts in our mind like, "What if I fail? What will others think? Maybe I don't have what it takes." The enemy will do his best to use fear to try to convince us to shrink back and just stay right where we are.

The bible tells us that fear is a spirit. It affects our emotions. When we choose to put our trust in the Lord, no matter how we are feeling, we combat fear.

Today, I encourage you, don't allow fear to trap you and hold you back. Instead, take a step of faith knowing that God is on your side. He is for you and with you, leading and guiding you in the path of victory all the days of your life!

How can we handle our fears? By believing God's promise. **Isaiah 41:10** NLT - **(10)** Don't be afraid, for I am with you. Don't be discouraged, for I am your God. I will **strengthen** you and help you. I will hold you up with my victorious right hand.

There is no need for us to be afraid of God or have fear of someone who loves us perfectly; His perfect love for us eliminates all dread of what He might do to us. If we are afraid, it is for fear of what He might do to us, and shows that we are not fully convinced that He really loves us. As the scripture says in **1 John 4:18** NASB – **(18)** There is no fear in love; but perfect love casts out fear, because fear involves punishment, and the one who fears is not perfected in love.

My brothers and sisters do not be afraid, but be encouraged. We can do **everything** through Christ, who strengthens us. (**PHILIPPIANS 4:13**)

SCRIPTURE READING

PROVRBS 29:25

THOUGHT FOR THE WEEK

Be delivered **from** people and be delivered **by** God.

October 1, 2009

