



Not just this Thursday, but every day!

November 25, 2019

PSALM 86:12 NKJV - (12) I will praise You, O Lord my God, with all my heart, And I will glorify Your name [forevermore](#).

Thanksgiving is the day of gratitude, but it doesn't have to be the only one.

Being thankful develops a positive mindset, especially when we practice it every day. We grow in the direction of what we regularly focus on—daily gratitude improves your well-being dramatically.

Why limit being grateful to just one day? If the above scripture has any conviction, don't just tell Him, but show Him. That is everyday!

On behalf of the **SOHLMEDITATIONS FAMILY** and **STAFF**, have a blessed Thanksgiving Day holiday.

SCRIPTURE READING

JAMES 1:17

THOUGHT FOR THE WEEK

Think about it, “Where would you be without Him?”