

The life of peace

August 22, 2022

ISAIAH 26:2-4 NKJV – (2) Open the gates, that the righteous nation which keeps the truth may enter in. (3) You will keep *him* in perfect peace, whose mind is stayed on you, because he trusts in You. (4) Trust in the LORD forever, for in YAH, the LORD, is everlasting strength.

Your home offers protection from the elements. So, when a storm rolls in, you seek shelter within the safety of those four walls. The same principle applies to life's storms. If we've built a solid house on a foundation of faith, then we've got a haven to run to when dark clouds gather and anxiety threatens to overwhelm us.

Let's suppose a problem is worrying you, and your stomach is in knots. Friends and family try to be understanding, but they're growing weary of you taking your heartache out on them. You are so focused on the issue that it feels if your shoulders are bearing a heavy weight. Now listen to the liberating alternative God offers: "Cast your burden upon {Me} and {I} will sustain you" (**Psalms 55:22**). He doesn't erase the ills that invade this life. Instead, He Shields us from the weight of worry by taking situations into His own hands.

However, the call to a free and peaceful life goes unheeded unless a person has confidence in the Lord. Trust is built through relationship-praying during daily trials and triumphs, seeking biblical guidance for decisions, and testing God's Word to see that it is true and practical. That's how a house of faith is constructed brick by brick on the solid rock of Jesus Christ.

A believer who trusts in the Lord receives the peace that **Isaiah 26:3** promises. But unshakable peace isn't instantaneous; it is cultivated through a consistent relationship with God. A lifestyle of dependence upon Him is the key to weathering storms with supernatural calm.

SCRIPTURE READING: JOHN 16:33

THOUGHT FOR THE WEEK: Peace cannot be kept by force. It can only be achieved by understanding.

"A JOURNEY OF THE HEART"