



Are you tired of being tired?

December 30, 2019

PSALM 17:3 NLT - (3) You have tested my thoughts and examined my heart in the night. You have scrutinized me and found nothing wrong. I am determined not to sin in what I say.

The Bible certainly encourages us to examine our lives and resolve to change them if necessary, although not just at the beginning of a new year. The Psalmist in the above passage, made a resolution to keep his speech pure. The question is, “Why do so many of our resolutions fail?” Sometimes it’s simply because they aren’t realistic. Instead, they’re only wishful thinking, with no way to make them actually happen. Ask yourself, “Is God a part this plan?” “Did you consult His wisdom in dealing with the matter?” And then our resolutions fail because we aren’t willing to make the sacrifices necessary to reach them.

But the real problem is within ourselves, within our own hearts and minds. We’d all like to be better people, but no matter how hard we try, we find ourselves tripped up by our own moral failures and weaknesses. Even the Apostle Paul experienced this: “I have the desire to do what is good, but I cannot carry it out” (**Romans 7:18**).

My question for you is, “**Are you tired of being tired?**” 2020 is the year! It is the year of healing, deliverance and restoration. If you are tired, bring it to Jesus. Come to *Me*, all those toiling and being *burdened*, and I will *give* you rest, says Christ. He has promised you an abundant life, but not to be selfish, but to make an impact all around you!

What is the solution? The solution is to turn to God, confessing our sins to Him and seeking His help to live the way we should. Don’t wait until January 1st, do it **NOW!** End the old and begin the New Year by turning to Jesus Christ and inviting Him into your life. Then ask Him to help you become the person He wants you to be. This is what Paul did, and that’s why he could say, “I can do all this through him who gives me strength” (**Philippians 4:13**).

His spirit will rain on all who call out, cry out and acknowledge His name. The time is now!

SCRIPTURE READING

MATTHEW 6:33

THOUGHT FOR THE WEEK

When God writes your name in the book of life, He does so in ink – not pencil.