



THE DISTRACTIONS OF LIFE

FEBRUARY 27, 2023

LUKE 10:38-42 NKJV – (38) Now it happened as they went that He entered a certain village; and a certain woman named Martha welcomed Him into her house. **(39)** And she had a sister called Mary, who also sat at Jesus' feet and heard His word. **(40)** But Martha was distracted with much serving, and she approached Him and said, "Lord, do You not care that my sister has left me to serve alone? Therefore, tell her to help me." **(41)** And Jesus answered and said to her, "Martha, Martha, you are worried and troubled about many things. **(42)** But one thing is needed, and Mary has chosen that good part, which will not be taken away from her."

Sometimes distractions can be a problem in our relationship with God. In fact, that was the concern Jesus had for His friend Martha. She was distracted by all the preparations that had to be made for a meal.

When she complained about Mary's lack of help (apparently due to her devotion to Christ and His teaching.) Jesus told her Martha, Martha, you are worried and troubled about many things. But one thing is needed, and Mary has chosen that good part, which will not be taken away from her (**verses 41-42**).

Martha's distractions were we-intentioned. But she was missing the opportunity to listen to Jesus and enjoy His presence. He is deserving of our deepest devotion, and He alone can fully enable us to overcome any of life's distraction.

SCRIPTURE READING

COLOSSIANS 3:2

THOUGHT FOR THE WEEK

If you want to be miserable, look within; distracted look around; peaceful, look up.