

Freedom from the “Victim mentality” spirit

November 28, 2022

PSALM 71:20 NKJV – (20) Though you have made me see troubles, many and bitter, you will restore my life again; from the depths of the earth you will again bring me up.

A victim mentality is when you blame everyone else for what happens in your world. A victim mentality is when a person thinks that the future only holds bad things for them. Is this how you think? Satan wants every believer to think that others cause bad things in their life. Ultimately, He wants you bitter. He wants you unforgiving. He wants you constantly get upset by things. He wants you feeling like you can't do anything about it, that your life will never change. You will always be a victim. You will never get a fair shake. This is how someone with a victim mentality thinks. They literally believe many lies and falsehoods. This is the mind set Satan will plant in your mind if you let him. And if you are thinking this way, you may very well have a “Victim's mentality.”

Here are some other ways to spot a victim mentality:

- Victim mentality thinking will be seen in how they speak. They will usually take great pains to share their troubles and negativity with you.
- Victim mentality people are extremely self-centered. They will rarely if ever ask you anything about yourself. You can sit with these people for a couple of hours talking, and it will never occur to them to ask you anything about your life.
- Victim mentality causes one to complain about everything that happens to them. Nothing is ever their fault.
- Victim mentality thinking causes them to hold on to every injustice, every hurt, every pain and they refuse to let go.

This spirit is laced in witchcraft, it controls others by it's victimize thought life and when it can't control you to tolerate its endless cycles of excuses and patterns of erratic (depress/oppress) behaviors, you are labeled as having no compassion or sympathy. This spirit is demonically oppressing its victim and the victim, in turn, controls the emotions of those that are connected to them. Through the connection/relationship if you are not careful you will pick up a false burden for the victim's emotional state and will find yourself making the victim happiness your responsibility. Remove the false burden it's not yours, it's witchcraft and it's sent to burden you, blind you, and to distract you. I would like to encourage you by saying, Let us lay aside every weight and the sin which doth so easily beset us (**HEBREWS 12:1**). How do we do this? Give it to Christ. For we who don't have this, let us pray for those who do.

SCRIPTURE READING: 2 SAMUEL 13:5

THOUGHT FOR THE WEEK: “Healing begins when you shed the ‘victim mentality’.”

“A JOURNEY OF THE HEART”