

S.O.H.L.

WEEKLY MINISTRY MEDITATIONS

Pronounced "Soul"

April 20, 2015

It's time to fight! (Pt. 3)

EPHESIANS 6:16-18 NKJV – (16) In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. (17) Take the helmet of salvation and the sword of the Spirit, which is the word of God. (18) And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people.

Imagine that giant, door-sized Roman shield, and say, "Lord, I choose to take up the shield of faith. I want to thank You that, no matter how many fiery arrows the Enemy hurls at me today, no matter how many trials or temptations may come, I can stand safely behind the massive protection of faith." Remember, faith is a mighty force that makes the difference between success and failure, between victory and bitter defeat.

Imagine a beautiful helmet, and picture yourself slipping it over your head, saying, "Lord, I choose to put on the helmet of salvation today in order to protect my mind. I want to think only Your thoughts, Lord. I want to thank You that when Satan sends one of his thoughts my way, this helmet of salvation will protect my thinking." We must remember that the battle begins in our minds; this is Satan's combat zone. The conflict may slip into our emotions and actions later, but it always begins with our thoughts. Therefore, our thought life must be protected from assault at all times.

Finally, wrap your fingers around the Word, and say, "Lord, I choose to lift high the sword of the Spirit, Your holy Word. Father, thank You for this spiritual weapon that cuts so deeply to bring about conviction and repentance." Scripture—our only weapon—is both defensive and offensive. It enables us to deflect the blows of the Enemy, and it pierces the hearts of sinful men. Success in battle depends upon taking up God's Word and mastering its use.

SCRIPTURE READING

HEBEREWS 3:13

THOUGHT FOR THE WEEK

"Take God at His Word – because winning the battle doesn't require physical brawn, but spiritual brains!"

