

S.O.H.L.

WEEKLY MINISTRY MEDITATIONS

Pronounced "Soul"

February 10, 2014

Controlling your temper

PROVERBS 14:29 NLT – (29) People with understanding control their anger; a hot temper shows great foolishness.

It is uncomfortable for others to be around us if we are easily angered. It is very important that we learn how to respond to life instead of reacting to it, so we can enjoy God's power in our lives. God tells us through His word that a person who can control their anger is better and mightier than an individual who can take a whole city (**PROVERBS 16:32**).

Through His servant (the Apostle James), He tells us to understand this, my beloved brethren. Let every man be quick to hear (a ready listener), slow to speak, slow to take offense and to get angry! For our anger does not promote the righteousness from above.

Be a ready listener and enjoy the freedom from anger that God offers you.

SCRIPTURE READING

PSALMS 37:8

THOUGHT FOR THE WEEK

Bitterness is like cancer. It eats upon the host. But anger is like fire. It burns it all clean. - Maya Angelou

