

SOHL
WEEKLY MINISTRY MEDITATIONS



"A JOURNEY OF THE HEART"

Have you been, are you being handled "Unjustly?"

March 11, 2019

PSALM 31:15 NKJV - (15) My times are in Your hand; Deliver me from the hand of my enemies, and from those who persecute me.

Whether we like it or not, there are times when we experience mistreatment by others. It can be a family member who says something against us, or a co-worker who tries to ruin our reputation in some way and blocks our goals to advancement in our workplace. Or it can be a multitude of other situations. In this imperfect world with broken people, we will all face mistreatment. And this often happens with those we are the closest to—husbands, wives, children, neighbors, and co-workers. We live in a world filled with misunderstanding and injustice. There are so many situations where our hearts can cry out, *"This is not fair!"*

What do we do when we experience mistreatment? What does God want us to do when we feel injustice in a very personal way? How can we have a Godly attitude when unfairly treated? How can we keep from bitterness and from hindering our prayer life because of an angry or bitter heart? Keep in mind that bitterness starts as a tiny root that grows up to cause trouble and defiles many (**Hebrews 12:5**). Let's look at the biblical example of David because he was able to keep his heart pure in the hardest of circumstances.

David, the man after God's heart, is one of the greatest examples of how to respond rightly to God when mistreated. David was one who trusted in God to intervene because when he was mistreated by Saul, He did not retaliate. Can you imagine the fear of being sought after and threatened by Saul and his 3000 soldiers? Running for his life as a hunted fugitive, David's heart must have been pounding in his chest as Saul came into the very cave where he and his men were hiding. Yet David did not kill Saul at this opportune time, but instead he committed his cause totally into God's hands. He passed one of his hardest tests when his very life was at stake in this dark, dungy cave. Again David refused to harm him. See **1 Samuel 26:2-24** for the full story. He committed his cause into God's hand. He let God be his deliverer.

Are you trusting in God's leadership in your life. Are you refusing to retaliate and bringing God and His activity into your situation. Bring God into the conflict and engage in spiritual warfare. By doing this, you are making room for His righteous judgment. You are being tested in your faith deeply as you trust that He vindicates us in His time and ways. Not our way, but God's way.

SCRIPTURE READING

PSALM 37:8-9

THOUGHT FOR THE WEEK

People might hurt you but Jesus can heal you.