



# What its really all about

December 23, 2019

The essence of Christmas can be found in **Matthew 1:23**, which is a quote from **Isaiah 7:14**. It reads, “Behold, the virgin shall be with child and shall bear a Son, and they shall call His name Immanuel,” which translated means, ‘God with us.’ What we find in Christmas is **God with us**.

The theological term for it is the incarnation or the in-flesh-ness of God. **At the heart of the holiday is the good news that God became a man.** To simply worship Christ as a great person, a great prophet or a great leader is to devalue or insult Him. He is all those things but so much more. He is God who became man. In one of the **greatest** miracles ever, He entered into human flesh and became like us in order to bring us back to Him.

Think about the stories of Jesus in the gospels.

- **One moment, He’s hungry because He’s a man.** The next moment, He feeds 5,000 people, because He’s God.
- **One moment, He’s thirsty because He’s a man.** The next moment, He’s walking on water because He’s God.
- **One moment, He’s weary because He’s a man.** The next moment, He says, “Come to Me, all who are weary and heavy-laden, and I will give you rest” (**Matthew 11:28**), because He’s God.

And keep this in mind, He isn’t just 50% God and 50% man. He is the God-man; **100% God and 100% man in one person.** That is the glory of the incarnation.

So, as you celebrate the holidays this year, don’t let the story of the God-man get buried under the presents and the wrapping paper. Make sure you declare the glory of the virgin-born Lord, Jesus Christ, the source of hope for all humanity and the [true meaning of Christmas](#).

**On behalf of Sohlmeditations Weekly Meditation Ministries, Merry Christmas.**

**SCRIPTURE READING: 1 CHRONICLES 16:23-31**

**THOUGHT FOR THE WEEK: When your level of complaining is at an all-time high it could mean that your level of praise is at an all time low.**