



BUILDING MUSCLES OF FAITH

NOVEMBER 20, 2023

1 KINGS 18:22-23 NKJV – (22) Then Elijah said to the people, “I alone am left a prophet of the LORD; but Baal’s prophets are four hundred and fifty men. **(23)** Therefore, let them give us two bulls; and let them choose one bull for themselves, cut it in pieces, and lay it on the wood, but put no fire under it; and I will prepare the other bull, and lay it on the wood, but put no fire under it.

“I wish I had great faith.” These are words that almost every Christian has said at one time or another. But faith is like a muscle, which must be exercised in order to become strong. Just wishing cannot make it happen.

As children of God, we are to believe all that He says. Not just for salvation but for everything in our lives! Rather than a spiritual plateau, faith is actually a process that involves increasing degrees of trust throughout life. Weak faith hopes that God will do what He says, but strong faith knows He is faithful to accomplish all He says He will do.

Elijah was a man of great faith. He saw increased challenges as opportunity for God to do His work. Elijah believed Him to do the “Supernatural!” We can do the same. The Lord may not do every miraculous thing you and I ask of Him, but He does some extraordinary work in and through each person who is obedient and willing to trust Him.

You may be thinking, “I am not good enough for the Father to use me.” The Bible is filled with examples of flawed people whom the Lord used to achieve His purposes. What the Father is looking for isn’t perfection but rather individuals who are willing to believe Him. He doesn’t simply work through people of faith; He transforms them.

Start by reading God’s word to learn what He wants you to do. Each day’s situations and needs are opportunities to trust Him. Ask the Lord to bring to mind verses that apply to your circumstances. Trust Him and do what He says. Your faith muscles will grow and He will be glorified.

SCRIPTURE READING: MATTHEW 17:20

THOUGHT FOR THE WEEK: "If you lose faith, you lose all."