



HELP THOU UNBELIEF

JANUARY 6, 2025

MARK 9:24 NKJV – (24) Immediately the father of the child cried out and said with tears, “Lord, I believe; help my unbelief!”

After arriving back to what must have been a jolting scene after the beauty of the Transfiguration (**Mark 9:14-18**). The other disciples were surrounded by a crowd and arguing with some teachers of the law. A man had brought his son, who was possessed by an evil spirit. The boy had been tormented by it for years. The disciples had been unsuccessful in healing him, and now were in a heated discussion with the teachers.

This cry came from a man (The father) who was heartbroken over the state of his son. He was desperately hoping that Jesus’ disciples could help and when they couldn’t, he began to feel doubt. Jesus’ words that prompted this cry for help were both the gentle reprimand and the reminder that he needed in that moment.

What the man says here in **verse 24** can sound contradictory. He claims to believe, yet confesses to unbelief. It took me a while to appreciate the wisdom in his words. Now I see that this father understood that faith in God is not a one-and-done choice or just a switch that God turns on at our moment of salvation.

The father quickly realized he needed to admit his inability to heal his son. Then he declared that Jesus could do the healing. The result was joyous—his child’s health was renewed, and his faith increased. Remember this, if you can’t, just know that Jesus can. Be advised, He wants to teach you how.

SCRIPTURE

HEBREWS 3:12

THOUGHT FOR THE WEEK

If you can’t, just know that Jesus can.